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COVID-19 (novel coronavirus) update

As a valued Sundale team member, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation (formally known as novel coronavirus).

Overnight, Queensland Health released Aged Care Direction (No.8).

Effective immediately:

Part 1 - Requirements for all residential aged care facilities (Care Centres)

- 6. A person must not enter, or remain on, the premises of a residential aged care facility in the State of Queensland from the time of publication of this direction until the end of the declared public health emergency if:
 - a. during the 14 days immediately preceding the entry, the person arrived in Australia from a place outside Australia; or
 - b. during the 14 days immediately preceding the entry, the person has been in a <u>COVID-19 hotspot</u>; or
 - c. during the 14 days immediately preceding the entry, the person had known contact with a person who has a confirmed case of COVID-19; or
 - d. the person has a temperature equal to or higher than 37.5 degrees or symptoms of acute respiratory infection; or
 - *e.* the person does not have an up to date vaccination against influenza, if the vaccination is available to the person.

Example – the vaccination is not available to a person with a medical contraindication to the influenza vaccine

- 7. The **operator of a residential aged care facility** must take all reasonable steps to ensure that a person does not enter or remain on the premises of the residential aged care facility if the person is prohibited from doing so under this Direction.
- 8. Despite paragraph 6(e), a person (other than a person whose presence at the premises is for the purposes of providing health, medical, personal care, or pharmaceutical services to a *resident* of the residential aged care facility), may enter and remain on the premises for the period reasonably required to provide an emergency service that is necessary for the effective operation of the residential aged care facility or to protect the health and safety of staff and residents on the condition that the person must practice social distancing wherever possible, including maintaining a distance of at least 1.5 metres.

Example – A plumber may make emergency repairs if an employee or contractor with an up to date vaccination against influenza is unable to attend. Note – An ambulance officer, nurse, doctor or other health care worker is not permitted to enter premises under this paragraph and must have an up to date influenza vaccination due to the health risks posed by close contact with aged care residents if the vaccination is available to the person.

- 9. Despite paragraph 7, the operator of a residential aged care facility may allow a person to enter and remain on the premises in accordance with paragraph 8.
- 10. Nothing in this Direction is to be taken to prevent a resident of a residential aged care facility from entering or remaining upon the premises of the residential aged care facility.

Workforce Management

- 11. The operator of a residential aged care facility must develop a Workforce Management Plan that:
 - a. requires employees, contractors and volunteers to notify a residential aged care facility of their additional place of employment, if relevant; and
 - b. requires employees, contractors and volunteers if they become aware of a COVID-19 case identified at an additional place of employment, to notify the operator of a residential aged care facility.

Note: This is to assist with contact tracing when an identified case of COVID-19 is confirmed.

Contact information

12. The operator of a residential aged care facility must collect and keep contact information about all visitors, including volunteers and contractors, for contact tracing purposes for a period of 56 days, unless otherwise specified. This information must include: name, phone number, email address, and the date and time of the visit. If requested, this information must be provided within a stated time. The information should be securely stored, not used for any other purpose and deleted after 56 days.

Part 2 - Managing access to non-restricted residential aged care facilities

13. The purpose of this Part is to manage contact between residents and non-residents of a residential aged care facility, other than a *restricted residential aged care facility*.

Visitors

14. *Care and support visits*, other than an *end of life visit*, are limited to a maximum of two visitors at a time per resident.

In line with <u>Sundale's roadmap to easing restrictions</u>, and in line with Aged Care Direction (No.8), the organisation has reverted back to **Phase 1**, which includes **Window Therapy**.

Sundale's Window Therapy program allows family members to see and connect with their loved ones through a window. Family members and friends can book a Window Therapy session by contacting their Care Centre.

Importantly, all internal lifestyle programs in each Care Centre have been bolstered to further support our care recipients, including access to technology including smartphones and iPads for communication with family members.

- 15. For end of life visits, more than two visitors may visit a resident at one time.
- 16. If a person is attending a residential aged care facility to visit a resident, they must, to the extent reasonably practicable:
 - a. practice physical distancing; and
 - b. limit their contact with other persons at the facility.

Residents

Sundale has made the considered decision not to permit a resident, excluding an end of life resident, to leave the facility except:

- a. to receive or access health care; or
- b. to attend a funeral; or
- c. in the case of emergency or on any other compassionate grounds.

This appropriate decision has been made to protect the health and wellbeing of Sundale's care recipients and team members to help minimise the threat of COVID-19 entering a Sundale Care Centre.

Sundale will reassess this decision every 72 hours.

Wearing of face masks

Sundale has also made the considered decision to provide reusable cloth face masks and/or single use surgical face masks to all Care Centre team members and visitors to help minimise the threat of COVID-19 entering a Sundale Care Centre.

The release of Aged Care Direction (No.8) follows the Queensland Government's decision to issue a Public Health Alert after the State recorded three new cases of COVID-19 in the past 48 hours.

In line with recommendations from Queensland Health, any individuals who were present at the below locations at the relevant times are asked to immediately self-quarantine and contact 13 HEALTH.

Detail	Suburb	Date	Time
FLIGHTS		21 July 2020	
VA863 – Mel - Syd			
VA977 – Syd - Bne			
Parklands Christian	Park Ridge	22-23 July 2020	9.30am-6pm
College			
Madtongsan IV	Sunnybank	23 July 2020	7-9pm
Restaurant			
Heeretea -Bubble	Sunnybank	23 July 2020	9.25pm
Tea Shop			
YMCA Chatswood	Springwood	23-24 July 2020	All
Hills Outside School			
Hours Care			
Primary Medical	Browns Plains	24 July 2020	3.30-3.50pm
and Dental Practice			
Thai Peak	Springfield	26 July 2020	6.30-9pm
Restaurant			

Cowch Dessert Cocktail Bar	Southbank	27 July 2020	All
P'Nut Street Noodles	Southbank	27 July 2020	All
African Grocery Shop	Woodridge (Station Rd)	28 July 2020	All
Primary Medical and Dental Practice	Browns Plains	28 July 2020	12.25-12.30pm
Chatime Grand Plaza	Browns Plains	28 July 2020	All

Team members who have travelled to, or have had close contact with someone who has travelled to/from the above-mentioned locations on the specified dates are not permitted to enter a Sundale Care Centre.

Sundale fully supports Aged Care Direction (No.8) which will help protect the health and wellbeing of care recipients and team members and minimise the threat of COVID-19 entering a Sundale Care Centre.

You only have to look at the heartbreaking scenes currently unfolding at a number of Victoria's aged care homes, where providers are struggling to maintain staffing levels and basic standards of care, following the recent outbreak of COVID-19, to understand the severity of the situation.

Sundale will continue to take a responsible and considered approach to protect the health and wellbeing of its team members, residents and care recipients to help minimise the threat of COVID-19 entering a Sundale Care Centre.

Yours sincerely,

Danielle Mackenzie Sundale CEO