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24 August 2020

COVID-19 (novel coronavirus) update

Further to my letter dated 22 August 2020, as a valued member of the Sundale team, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation (formally known as novel coronavirus).

Effective immediately, Sundale has made the decision to restrict visitor access to the following Care Centres, despite no confirmed cases of COVID-19 at a Sundale Care Centre or Retirement Community:

- Aloaka Care Centre:
- Bindaree Care Centre:
- Coolum Waters Care Centre;
- James Grimes Care Centre;
- McGowan Care Centre;
- Bowder Care Centre;
- Palmwoods Garden Village Care Centre;
- Rod Voller Care Centre (Rotary Garden Village).

The decision to restrict access to Sundale's Care Centre's protects the health and wellbeing of our care recipients and team members and follows advice from Queensland Health relating to multiple new cases of COVID-19 linked to the Brisbane Youth Detention Centre in Wacol.

The proactive decision to restrict visitor access to Sundale's Care Centres acknowledges Queensland Health's concerns the COVID-19 cluster could be widespread.

Sundale will continue to review this decision.

Any healthcare worker or employee of an Aged Care service who has travelled to, or has had close contact with someone who has travelled to/from to the below locations must also notify their manager immediately.

Date	Place	Suburb	Arrival time	Departure time
9 August 2020	IGA Express	Forest Lake	~6.30am	~6.40am
9 August 2020	Anytime Fitness, Village Square	Browns Plains	11am	12:10pm
9 August 2020	Woolworths, Browns Plains Grand Plaza	Browns Plains	11am	12pm
10 August 2020	Spotlight	Browns Plains	~9:30am	~9:45am
10 August 2020	Coles, Forest Lake Shopping Centre	Forest Lake	~10.00am	~10.15am

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10 August 2020	Anytime Fitness, Village Square	Browns Plains	10:15am	11:25am
10 August 2020	Woolworths,	Browns Plains	~11am	~12:30pm
	Browns Plains			
	Grand Plaza			
10 August 2020	Greenbank	Greenbank	5:30pm	5:40pm
	Takeaway			
10 August 2020	Woolworths,	Forest Lake	unknown	unknown
	Forest Lake			
	Shopping centre			
11 August 2020	BP Wacol (Cnr	Wacol	~6am	~6:15am
	Boundary &			
	Progress Rds)			
11 August 2020	Mt Gravatt	Mt Gravatt	11.25am	12.05pm
	Swimming Pool,			
	Wecker Rd			
	(updated)			
11 August 2020	Dami Japanese	Mt Gravatt	~12pm	unknown
	Restaurant	_		
12 August 2020	Lakeside Fruit	Forest Lake	4pm	~4.30pm
	Barn, Forest Lake			
	Shopping Centre			_
12 August 2020	Woolworths,	Forest Lake	~4:30pm	~5pm
	Forest Lake			
42.4	Shopping centre	Code History		C 4 F
12 August 2020	Thai Antique	Carina Heights	6pm	6:15pm
12 August 2020	Coles, Browns Plains Grand	Browns Plains	~7:15pm	unknown
	Plaza			
13 August 2020	Australian Nails,	Forest Lake	11am	~12am
15 August 2020	Forest lake	Forest Lake	IIaiii	12dili
	Shopping Centre			
13 August 2020	Forest lake	Forest Lake	11am	3pm
13 August 2020	Shopping Centre	TOTEST Lake	IIaiii	Эріп
13 August 2020	Fig Tree	Forest Lake	12pm	unknown
13 August 2020	Bakehouse,	Torest Lake	ΙΖΡΙΙΙ	unknown
	Forest Lake			
	Shopping Centre			
13 August 2020	Nandos, Forest	Forest Lake	after 12pm	unknown
13 August 2020	Lake Shopping	TOTEST Lake	arter 12pm	dikilowii
	Centre			
14 August 2020	OfficeWorks	Browns Plains	~10am	~10:10am
14 August 2020	Coles, Browns	Browns Plains	After 10am	before 11am
	Plains Grand	2.01110110110		25.5.6 224111
	Plaza			
14 August 2020	Ikea	Slacks Creek	11am	2pm
14 August 2020	Woolworths,	Marsden	~11:15am	~11:30am
	· · · · · · · · · · · · · · · · · · ·			
ĺ	Marsden on Fifth			
	Marsden on Fifth shopping centre			
14 August 2020	Marsden on Fifth shopping centre Anytime Fitness,	Browns Plains	2:20pm	3:30pm

14 August 2020	Bunnings	Browns Plains	~2:30pm	~3pm
14 August 2020	Aldi, Forest Lake	Forest Lake	~4pm	~4.30pm
14 August 2020	Village Shopping	TOTEST Lake	40111	4.50pm
	Centre			
14 August 2020	Coles, Forest	Forest Lake	~4pm	~4:30pm
14 August 2020	Lake Shopping	TOTEST Lake	79111	4.50pm
	Centre			
15 August 2020	K-Mart, Browns	Browns Plains	~9:30am	~9:45am
13 / (13 / (13 / 20 / 20 / 20 / 20 / 20 / 20 / 20 / 2	Plains Grand	Di Owns i idins	3.30am	3.43diii
	Plaza			
15 August 2020	Anytime Fitness,	Browns Plains	10:25am	11:35am
	Village Square		201200111	
16 August 2020	Woolworths,	Marsden	~10am	~10:15am
2071080312020	Marsden on Fifth	- Widisacii	200111	101134111
	shopping centre			
16 August 2020	Coles, Browns	Browns Plains	~10:30am	~11am
	Plains Grand			
	Plaza			
16 August 2020	Anytime Fitness,	Browns Plains	1:20pm	2:30pm
	Village Square		- 1	
16 August 2020	Riverlink	Ipswich	Morning	Morning
	Shopping Centre	'	J	J J
16 August 2020	The Reject Shop	Ipswich	Morning	Morning
16 August 2020	Jamaica Blue	Ipswich	Morning	Morning
	coffee shop			
17 August 2020	Indooroopilly	Indooroopilly	11:00am	1pm
	Shopping Centre	. ,		,
17 August 2020	BUPA	Indooroopilly	11:00am	1pm
17 August 2020	Origin Kebabs	Indooroopilly	11:00am	1pm
17 August 2020	Greenbank	Greenbank	~6:30pm	~6:40pm
	Takeaway		·	
17 August 2020	Costco	Bundamba	Afternoon	Afternoon
	Bundamba self-			
	service fuel			
	station			
18 August 2020	BCF	Greenslopes	~12:30pm	~1pm
18 August 2020	Rock and Roll	Greenslopes	1pm	Unknown
	Butcher			
	(Formerly			
	Brisbane Bulk			
	Meats), Logan			
	Rd, Greenslopes			
18 August 2020	Chemist	Crestmead	Afternoon	Afternoon
	Warehouse			
	(Waratah Dr)			
18 August 2020	Uncle Bill's	Brassall	5:45pm	6:15pm
	Takeaway			
18 August 2020	BP Wacol (Cnr	Wacol	Evening	Evening
	Boundary &			
	Progress Rds)			
19 August 2020	12 RND Fitness	Birkdale	8am	9:30am

19 August 2020	Woolworths, Browns Plains Grand Plaza	Browns Plains	~9:30am	unknown
19 August 2020	The Jam Pantry	Greenslopes	10:30am	11:45am
19 August 2020	Red Cross Op Shop, Sherwood Rd	Sherwood	12.30pm	~1pm
19 August 2020	Westfield Carindale Shopping Centre	Carindale	~1pm	~3pm
19 August 2020	Indooroopilly shopping Centre	Indooroopilly	1pm	4pm
19 August 2020	Myer	Indooroopilly	1pm	4pm
19 August 2020	David Jones	Indooroopilly	1pm	4pm
19 August 2020	Touch of Indian	Indooroopilly	1pm	4pm
19 August 2020	Bras 'n' Things, Westfield Carindale	Carindale	~1pm	~3pm
19 August 2020	Ghanda clothing, Westfield Carindale	Carindale	~1pm	~3pm
19 August 2020	Myer, Westfield Carindale	Carindale	~1pm	~3pm
19 August 2020	Newsagent in Sherwood, Sherwood Rd	Sherwood	1.10pm	~1.20pm
19 August 2020	Baskin Robbins, Camp Hill Market Place	Camp Hill	~5:30pm	~5:40pm
19 August 2020	Pho Inn, Camp Hill Market Place	Camp Hill	~5:30pm	~5:40pm
19 August 2020 - 20 August 2020	Ipswich Hospital ED	Ipswich	11:00pm	6:19am
20 August 2020	Woolworths, Marsden on Fifth shopping centre	Marden	~10am	~10:15am
21 August 2020	Woolworths, Forest Lake Shopping centre	Forest Lake	~10:30am	~10:45am
21 August 2020	The Chop Shop (Butcher), Forest Lake Shopping Centre	Forest Lake	~10.45am	~11.15am
21 August 2020	Best & Less, Forest Lake Shopping Centre	Forest Lake	~10.45am	~11.15am

Next steps, including whether you are allowed to return to work or enter any Sundale facility will be assessed on a case-by-case basis and could include a period of mandatory self-isolation.

Anyone who has been to the above-mentioned locations at these times should monitor their health

and, if they develop even the mildest of COVID-19 symptoms, get tested.

Care Centres

Sundale's Care Centres are closed to everyone except essential staff and health practitioners.

- Sundale Care Centres will not allow casual or non-essential access (which includes families, friends, school groups etc.);
- Visits from essential services such as GPs and allied health providers will continue;
- All internal lifestyle programs in each Care Centre have been bolstered to further support our care recipients.

From 1 May 2020, the Australian Government requires everyone who enters an aged care facility to have an up-to date seasonal flu vaccination.

Visitors will need to:

- Provide accurate details on their current health status to team members at Sundale's Care Centres:
- Be willing to undergo a screening process (including temperatures / previous travel);
- Reschedule their visit when feeling unwell.

If you believe your circumstances are extraordinary and you need to visit a family member, Sundale will of course consider your request.

All requests will be assessed on a case-by-case basis by the Site Manager, in partnership with the Executive Manager Aged Care and Community Services.

Palliative Care / End of Life

Sundale will ensure visits for family members in Palliative Care or for the purposes of end of life support including children under 16 years of age will occur.

Ongoing conditions

In line with their recommendations, visitors and team members should not enter a Sundale Care Centre if:

- They have been diagnosed with COVID-19 and have not finished their isolation;
- They returned to Queensland from overseas or interstate within the past 14 days;
- They have been in contact with someone who has had a confirmed case of COVID-19 within the past 14 days;
- They have been in a COVID-19 hotspot in the past 14 days; or have visited a Queensland COVID restricted area in the past 14 days;
- They have a fever or symptoms of a respiratory infection such as a cough, sore throat or shortness of breath.

Face masks

Sundale has also made the considered decision to provide reusable cloth face masks and/or single use surgical face masks to all Care Centre team members and visitors to help minimise the threat of

COVID-19 entering a Sundale Care Centre.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to protect the health and wellbeing of its care recipients and team members to help minimise the threat of COVID-19 entering a Sundale Care Centre.

Yours sincerely,

Danielle Mackenzie

Sundale CEO