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COVID-19 (novel coronavirus) update

Further to my letter dated 21 December, as a valued Sundale team member, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

After 1am AEST, Tuesday, 22 December, Queensland residents who have been in a declared hotspot (currently Greater Sydney) since 11 December:

- Must apply for a Queensland Border Declaration Pass before entering Queensland;
- Can only enter Queensland by air and will be directed to quarantine in government arranged accommodation.

Queenslanders returning from NSW that have **not** been in a <u>declared hotspot</u> (currently Greater Sydney) since 11 December:

- Must apply for a **Queensland Border Declaration Pass** before entering Queensland;
- Can enter Queensland by any mode of transportation.

Hotspots are places in Australia or safe travel zone countries where health officials have found a lot of people with COVID-19, or places that are at risk of a lot of COVID-19 infections. Hotspots are legally listed so that people travelling from those high-risk areas into Queensland can be identified.

From 1am AEST Monday 21 December 2020, 35 New South Wales LGAs are considered COVID-19 hotspots.

Find out more about the current **Queensland border restrictions**.

Any healthcare worker or employee of an Aged Care service who has travelled to, or has had close contact with someone who has travelled to/from the below listed locations must notify their manager immediately.

Flight No.	Airline	Origin	Destination	Arrival date	Arrival time
VA925	Virgin	Sydney	Brisbane	16 Dec 2020	0900 - 0930

Date	Place	Suburb	Arrival time	Departure time
16 Dec 2020	Brisbane	Brisbane City	0900 – 0930	0954
	Domestic Airport			
16 Dec 2020	Hertz Car Rental	Boondall	1000	1030
	1980 Sandgate		Exchanged	
	Rd		vehicle at 1015	

Date	Place	Suburb	Arrival time	Departure time
16 Dec 2020	The Glen Hotel	Eight Mile Plains	1100	1430
				Any patrons after
				1430 should
				continue to
				monitor for
				symptoms and
				get tested if any
				develop.
16 Dec 2020	Sunshine Coast	Birtinya	1700	2030
	University			
	Hospital			
16 Dec 2020	Hungry Jacks	Kawana Waters	2000	2200
16 Dec 2020	Kawana Waters	Buddina	2100	0700 (17 Dec
	Nightcap Hotel			2020)
17 Dec 2020	Coles Express	Mooloolaba	0700	0730
17 Dec 2020	Hertz Car Rental	Boondall	0830	0900
	1980 Sandgate		Exchanged	
	Rd		vehicle at 0855	
17 Dec 2020	TPCH Fever Clinic	Chermside	1019	1026

Next steps, including whether you are allowed to return to work or enter any Sundale facility will be assessed on a case-by-case basis and could include a period of mandatory self-isolation.

Anyone who has been to the above-mentioned locations at these times should monitor their health and, if they develop even the mildest of COVID-19 symptoms, get tested immediately.

In line with Phase 2 of <u>Sundale's roadmap to easing restrictions</u>, the following conditions remain in place at Sundale's Care Centres.

The conditions acknowledge the movements of a New South Wales woman who visited multiple Sunshine Coast locations while infected with COVID-19 last week.

CARE CENTRES

Face-to-face communication between care recipients and their families and friends is permitted at Sundale.

Face-to-face visitations will take place in a designated visiting room at each site or within Sundale's grounds.

To manage expected demand and to ensure as many families and friends can visit a loved-one who resides at a Sundale Care Centre, visitations may be capped at 30 minutes.

Care Centre visits are limited to a maximum of two visitors at a time per care recipient.

Visitors must register their intent to visit by contacting their Care Centre.

PALLIATIVE CARE

Sundale will help organise visits for family members in Palliative Care or for the purposes of end-of-

life support.

CONTINUING CONDITIONS

The following conditions are in place at Sundale's Care Centres. Visitors and care recipients must:

- Practice social distancing stay at least 1.5 metres away from others;
- Make certain there is at least 2 square metres per person when indoors;
- Practice hand hygiene;
- Practice respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

AGED CARE DIRECTION (No.16)

In line with Aged Care Direction (No. 16):

- 9. A person must not enter, or remain on, the premises of a residential aged care facility in the State of Queensland from the time of publication of this direction until the end of the declared public health emergency if:
 - during the 14 days immediately preceding the entry, the person who is an international arrival arrived in Australia from a place outside Australia; or
 - during the 14 days immediately preceding the entry, or since the start date identified for the COVID-19 hotspot, whichever is shorter, the person has been in a place which at the time of entry is a COVID-19 hotspot; or
 - during the 14 days immediately preceding the entry, the person had known contact with a person who has a confirmed case of COVID-19; or
 - the person has a temperature equal to or higher than 37.5 degrees or symptoms consistent with COVID-19; or
 - the person has been tested for COVID-19, and has not yet received the results of that test.

Note: known contact with a person who has a confirmed case of COVID-19 under paragraph 9(e) does not include contact that occurs when a residential aged care worker or healthcare worker or practitioner providing health or medical care has been wearing appropriate PPE in accordance with Queensland Health's Residential Aged Care Facility and Disability Accommodation PPE Guidance and has followed recommended infection control precautions.

WORKFORCE MANAGEMENT AND PERSONAL PROTECTIVE EQUIPMENT

- 13. The operator of a residential aged care facility must develop a Workforce Management Plan that:
 - a. requires employees, contractors, volunteers and students to notify a residential aged care facility of their additional place of employment, if relevant;
 - requires employees, contractors, volunteers and students if they become aware of a COVID-19 case identified at an additional place of employment, to notify the operator of a residential aged care facility;

Note: This is to assist with contact tracing when an identified case of COVID-19 is confirmed.

- c. identifies how workforce surge requirements will be met if there is a COVID-19 event at the facility, in accordance with relevant guidance provided by Queensland Health;
- d. provides that the operator must notify the local Health Emergency Operations Centre of a critical workforce shortage for notification purposes.

Note: The requirement for a residential aged care facility to notify the local Health Emergency Operations Centre will support Queensland Health's COVID-19 response.

14. It is recommended that the operator of a residential aged care facility ensure, to the extent possible, that employees, contractors, volunteers and students do not work across multiple care facilities.

Note: care facilities include but are not limited to hospitals, retirement villages, residential aged care facilities and distinct sections of a facility providing multiple types of care such as a Multi-Purpose Health Service.

15. The operator of a residential aged care facility must ensure that where employees, contractors, volunteers and students do work across multiple care facilities, they must not enter, or remain on, the premises of the residential aged care facility without wearing appropriate personal protective equipment, in accordance with Queensland Health's Residential Aged Care Facility and Disability Accommodation PPE Guidance.

Note: a person who does not, or is unable to wear appropriate personal protective equipment, must not enter a residential aged care facility.

- 16. The operator of a residential aged care facility must take reasonable steps to ensure the following, in accordance with relevant guidance provided by Queensland Health:
 - a. employees, contractors who have contact with residents, volunteers and students undertake face to face infection control and personal protective equipment training; and
 - b. ensure an adequate supply of personal protective equipment is available to respond to a confirmed case of COVID-19 within the residential aged care facility.

CONTACT INFORMATION

17. The operator of a residential aged care facility must collect and keep contact information about all visitors, including volunteers and contractors, for contact tracing purposes for a period of not less than 30 days and not more than 56 days, unless otherwise specified. This information must include: name, phone number, email address, and the date and time of the visit. If requested, this information must be provided to public health officers within a stated time. The information should be securely stored, not used for any other purpose and deleted after not less than 30 days and not more than 56 days.

Under Aged Care Direction (No.16), an up-to-date seasonal flu vaccination for visitors is no longer required to gain entry to a Sundale Care Centre. However, to protect the health and wellbeing of Sundale's care recipients and team members, it's strongly encouraged all visitors have an up-to-date seasonal flu vaccination if one is available.

Sundale team members are still required to have an up-to-date seasonal flu vaccination to gain entry to all Sundale Care Centres.

Given many team members will be catching up with family and friends in the coming days to celebrate Christmas, I would like to remind you of the following restrictions.

Queensland's COVID Safe Future remains in place. As at noon 14 December 2020:

- Gatherings: 50 people allowed to gather in homes and 100 in public spaces across Queensland;
- Indoor premises: One person per 2m2 (e.g. restaurants, cafés, pubs, clubs, museums, art galleries, places of worship, convention centres and Parliament House). Indoor play areas and unattended retail (such as children's rides and freestanding unattended amusement and wellbeing machines within a premises can open with a COVID Safe Checklist;
- Wedding ceremonies: Up to 200 people can attend a wedding and all guests can dance (both indoors and outdoors);
- Funerals: Up to 200 people can attend a funeral;
- Indoor events: 100% capacity at seated, ticketed venues with patrons encouraged to wear masks on entry and exit (e.g. theatre, live music, cinemas and indoor sports). Performers can distance from audience at 2m, except choirs which remain at 4m from the audience;
- Outdoor events: 1500 people permitted at outdoor events with a COVID Safe Event Checklist. Larger events require a COVID Safe Plan;
- Open air stadiums: 100% seated capacity (with a COVID Safe Plan);
- Dancing: Dancing is allowed in all indoor and outdoor venues including outdoor music festivals, pubs, beer gardens, clubs and nightclubs, subject to the one person per 2m² rule.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering a Sundale Care Centre.

Yours sincerely,

Danielle Mackenzie Sundale CEO