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11 January 2021

# COVID-19 (novel coronavirus) update

Further to my letter dated 8 January 2021, as a valued member of the Sundale community, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

#### CARE CENTRES - ONGOING PRECAUTIONS

Sundale's Care Centres will continue to have in place visitation restrictions as a precaution until Friday, 22 January 2021.

This decision protects the health and wellbeing of our care recipients and team members and acknowledges Queensland Health's ongoing restrictions on aged care facilities in the City of Ipswich, City of Brisbane, Logan City, Moreton Bay Region and Redland City regions.

The decision follows Greater Brisbane's three-day lockdown (which ends this evening at 6pm, Monday, 11 January 2021) period, which allowed contact tracers to pinpoint close contacts of a Brisbane quarantine hotel cleaner diagnosed with the highly contagious UK variant of COVID-19.

Queensland authorities remain concerned about the case, given the woman, aged in her 20s, was out in the community for several days, before developing symptoms and testing positive for COVID-19. It was the first time in Australia that a person has been out in the community while unknowingly ill with the highly-infectious strain.

### CARE CENTRES – ADDITIONAL RESOURCES / BUS TRIPS

Sundale has further bolstered its lifestyle activities within its Care Centres, including additional tailored, one-on-one care activities. Additional bus trips for our care recipients have also been scheduled.

In addition to bolstering internal lifestyle programs, we've also prioritised our care recipients' mental health and wellbeing, via our emotional and well-being support team (Sundale's Social Worker and Sundale's Consumer Support Officer) who are available to all care recipients and their families.

### FACE MASKS - EFFECTIVE FROM 6PM - 11 JANUARY 2021

To protect the health and wellbeing of all team members, residents, care recipients and customers, face masks must be worn by team members at all Sundale facilities, including, but not limited to:

- Care Centres;
- Retirement Communities;
- In-Home Care visitations;
- Sundale HQ;
- Caravan Parks;
- Sundale Laundry.

## PREVENT THE SPREAD:

- Stay home if you are sick;
- If you have any <u>COVID-19 symptoms</u>, no matter how mild, <u>get tested</u> then isolate at home until you get the results and your symptoms resolve;
- Stay 1.5 metres away from other people—think two big steps;
- Wash your hands with soap and water, or hand sanitiser;
- Leave a location if it is crowded.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering a Sundale Care Centre.

Yours sincerely,

Danielle Mackenzie

Sundale CEO