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# COVID-19 (novel coronavirus) update

Further to my letter dated 11 January 2021, as a valued member of the Sundale community, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

#### CARE CENTRES

In line with Phase 2 of Sundale's roadmap to easing restrictions, the following conditions are now in place at Sundale's Care Centres.

Face-to-face communication between care recipients and their families and friends is permitted at Sundale.

Face-to-face visitations may take place in a designated visiting room at each site or within Sundale's grounds.

To manage expected demand and to ensure as many families and friends can visit a lovedone who resides at a Sundale Care Centre, visitations may be capped at 30 minutes.

Visitors must register their intent to visit by contacting their Care Centre.

#### PALLIATIVE CARE

Sundale will help organise visits for family members in Palliative Care or for the purpose of end-of-life support.

#### CONTINUING CONDITIONS

The following conditions are in place at Sundale's Care Centres. Visitors and care recipients must:

- Practise social distancing stay at least 1.5 metres away from others;
- Make certain there is at least 2 square metres per person when indoors;
- Practise hand hygiene;
- Practise respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

### Masks

Visitors and team members are no longer required to wear face masks.

## PREVENT THE SPREAD:

- Stay home if you are sick;
- If you have any <a href="COVID-19 symptoms">COVID-19 symptoms</a>, no matter how mild, <a href="get tested">get tested</a> then isolate at home until you get the results and your symptoms resolve;
- Stay 1.5 metres away from other people—think two big steps;
- Wash your hands with soap and water, or hand sanitiser;
- Leave a location if it is crowded.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering Sundale.

Yours sincerely,

Danielle Mackenzie Sundale CEO