



SUNDALE

CREATING COMMUNITIES SINCE 1963



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## COVID-19 (novel coronavirus) update

Further to the letter dated 22 January 2021, as a valued member of the Sundale community, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

### CARE CENTRES

In line with Phase 3 of [Sundale's roadmap to easing restrictions](#), the following conditions are now in place at Sundale's Care Centres.

Care recipients allowed to leave Sundale for a range of reasons, including but not limited to:

- Exercise;
- Attending small family gatherings (as long as physical distancing can be maintained);
- Receiving or accessing health care including mental health and allied health services;
- Receiving end of life support or Palliative Care;
- Attending a funeral;
- Visiting another residential aged care facility.

**Sundale will require 48 hours notification of any care recipient leave requests. This is to ensure sufficient time is allocated to undertake all relevant risk assessment processes prior to the care recipient's leave commencing.**

Care recipients can have two visitors at any one time. There is no limit on the number of visits allowed in a day or the length of each visit. For end-of-life visits, more than two visitors may visit a care recipient at one time.

**Visitors must register their intent to visit by contacting their Care Centre.**

Sundale may also allow the following persons to visit a Sundale Care Centre, including but not limited to:

- Hairdressers
- Legal advisors;
- Mental health providers (e.g. diversional therapists and music therapists);
- Allied health providers (e.g. podiatrists).

### CONTINUING CONDITIONS

The following conditions are in place at Sundale's Care Centres. Visitors and care recipients must:

- Practise social distancing - stay at least 1.5 metres away from others;
- Make certain there is at least 2 square metres per person when indoors;
- Practise hand hygiene;

- Practise respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

**PREVENT THE SPREAD:**

- Stay home if you are sick;
- If you have any [COVID-19 symptoms](#), no matter how mild, [get tested](#) then isolate at home until you get the results and your symptoms resolve;
- Stay 1.5 metres away from other people—think two big steps;
- Wash your hands with soap and water, or hand sanitiser;
- Leave a location if it is crowded.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering Sundale.

Yours sincerely,



Michelle McGowan  
Executive Manager Aged Care and Community Services