



SUNDALE

CREATING COMMUNITIES SINCE 1963



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COVID-19 (novel coronavirus) update

As a valued team member based at Sundale HQ, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

HQ

In response to the current COVID-19 situation and the Queensland Government's decision to classify all Queensland Care Centres as **Restricted Residential Aged Care Facilities** for the next 14 days, Sundale has made the decision to suspend all access to HQ for the next fortnight.

SUNDALE CARE CENTRES - RESTRICTED RESIDENTIAL AGED CARE FACILITIES

In line with a directive from the Queensland Government, all Care Centres throughout Queensland have been classified as **Restricted Residential Aged Care Facilities**.

The decision to restrict access for the next 14 days at all Queensland Aged Care Facilities prioritises the health and safety of all care recipients.

In line with recommendations outlined by Queensland Chief Health Officer, Dr Jeannette Young, only end of life support visits will be permitted for the next fortnight.

RESTRICTIONS

New rules are in place for the whole of Queensland from midday 1 April to 15 April.

Masks

A mask must be carried outside the home and worn in the following settings:

- Shopping Centres
- Workplaces
- Public transport.

Gatherings at home

- Restricted to 30 people.

Hospitality

- Customers must be seated
- 2sqm density rule applies
- No dancing in public venues.

Churches

- Services can go ahead under 2sqm rule or at 100 per cent capacity if seating is ticketed.

For more information, please visit:

https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions#_current

HEALTH ADVICE

To prevent the spread of COVID-19, the Federal Department of Health advises practising good hygiene and physical distancing, including:

- Wash your hands often with soap and water
- Use alcohol-based hand sanitisers
- Avoid touching your eyes, nose and mouth
- Clean and disinfect frequently used surfaces such as benchtops, desks and doorknobs
- Clean and disinfect frequently used objects such as mobile phones, keys, wallets and work passes
- Increase the amount of fresh air available by opening windows or adjusting air conditioning
- Stay 1.5 metres away from other people whenever possible.

For more information, please visit:

https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert?utm_source=health.gov.au&utm_medium=redirect&utm_campaign=digital_transformation&utm_content=health-topics/novel-coronavirus-2019-ncov

CONTACT TRACING

Contact tracing information is constantly being updated on the Queensland Health website.

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/contact-tracing>

Prior to commencing any shift at Sundale, please check the website and contact your manager immediately if you have visited any of the listed locations at the relevant times.

Close contacts – quarantine for 14 days and complete the contact tracing self-assessment

If you have been to any of the [locations](#) at the relevant times you should:

- [quarantine at home](#) immediately for 14 days since attending those venues at those times
- complete the [contact tracing self-assessment](#) if you have not already been contacted by Queensland Health in relation to this potential exposure. If you are unable to complete the online contact-tracing self-assessment please call 13 HEALTH (13 43 25 84)
- stay quarantined even if you get a negative test until 14 days have passed since you were last there. It can take 14 days before you may show symptoms or test positive

Casual contacts – get tested immediately and quarantine until you get a negative result

If you have been to any of the [locations](#) at the relevant times you should:

- [get tested](#) immediately even if you have no symptoms
- [quarantine at home](#) immediately until you receive a negative result
- complete the [contact tracing self-assessment](#)
- watch for [COVID-19 symptoms](#) and [get retested](#) if you feel unwell

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering Sundale.

Yours sincerely,



Danielle Mackenzie
Sundale CEO