



**SUNDALE**

CREATING COMMUNITIES SINCE 1963



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1 April 2021

## COVID-19 (novel coronavirus) update

As a valued member of the Sundale community, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

### RESTRICTIONS

New rules are in place for the whole of Queensland from midday 1 April to 15 April.

#### **Masks**

A mask must be carried outside the home and worn in the following settings:

- Shopping Centres
- Workplaces
- Public transport.

#### **Gatherings at home**

- Restricted to 30 people.

#### **Hospitality**

- Customers must be seated
- 2sqm density rule applies
- No dancing in public venues.

#### **Churches**

- Services can go ahead under 2sqm rule or at 100 per cent capacity if seating is ticketed.

For more information, please visit:

[https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions#\\_current](https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions#_current)

### HEALTH ADVICE

To prevent the spread of COVID-19, the Federal Department of Health advises practising good hygiene and physical distancing, including:

- Wash your hands often with soap and water
- Use alcohol-based hand sanitisers

- Avoid touching your eyes, nose and mouth
- Clean and disinfect frequently used surfaces such as benchtops, desks and doorknobs
- Clean and disinfect frequently used objects such as mobile phones, keys, wallets and work passes
- Increase the amount of fresh air available by opening windows or adjusting air conditioning
- Stay 1.5 metres away from other people whenever possible.

For more information, please visit:

[https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert?utm\\_source=health.gov.au&utm\\_medium=redirect&utm\\_campaign=digital\\_transformation&utm\\_content=health-topics/novel-coronavirus-2019-ncov](https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert?utm_source=health.gov.au&utm_medium=redirect&utm_campaign=digital_transformation&utm_content=health-topics/novel-coronavirus-2019-ncov)

### CONTACT TRACING

Contact tracing information is constantly being updated on the Queensland Health website.

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/contact-tracing>

**Please check the website and contact Sundale Retirement Villages Manager, Leigh Kersnovske (0448 560 331 or [leigh.kersnovske@sundale.org.au](mailto:leigh.kersnovske@sundale.org.au)) immediately if you have visited any of the listed locations at the relevant times.**

#### ***Close contacts – quarantine for 14 days and complete the contact tracing self-assessment***

If you have been to any of the [locations](#) at the relevant times you should:

- [quarantine at home](#) immediately for 14 days since attending those venues at those times
- complete the [contact tracing self-assessment](#) if you have not already been contacted by Queensland Health in relation to this potential exposure. If you are unable to complete the online contact-tracing self-assessment please call 13 HEALTH (13 43 25 84)
- stay quarantined even if you get a negative test until 14 days have passed since you were last there. It can take 14 days before you may show symptoms or test positive

#### ***Casual contacts – get tested immediately and quarantine until you get a negative result***

If you have been to any of the [locations](#) at the relevant times you should:

- [get tested](#) immediately even if you have no symptoms
- [quarantine at home](#) immediately until you receive a negative result
- complete the [contact tracing self-assessment](#)
- watch for [COVID-19 symptoms](#) and [get retested](#) if you feel unwell

### CLUBHOUSES / HUBS

Sundale's Clubhouses / Hubs will be closed for at least the next 14 days.

## BUS TRIPS

All Sundale bus trips have suspended for at least the next 14 days.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering Sundale.

Yours sincerely,



Danielle Mackenzie  
Sundale CEO