



SUNDALE

CREATING COMMUNITIES SINCE 1963



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COVID-19 (novel coronavirus) update

As a valued Sundale team member, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

EASING OF RESTRICTIONS

Yesterday the Queensland Government announced from **6am AEST today** (Thursday, 15 April 2021) restrictions put in place in response to the recent COVID-19 outbreak will be removed.

The decision means visitor restrictions at Queensland's residential aged care facilities will be eased.

All Sundale facilities from 6am AEST today will be classified as non-restricted residential aged care facilities in line with under [Aged Care Direction \(No.26\)](#).

UP-TO-DATE VACCINATION AGAINST INFLUENZA

In line with [Aged Care Direction \(No.26\)](#), from 3 May 2021, a person must not enter, or remain on, the premises of a residential aged care facility in the State of Queensland if:

- the person does not have an up-to-date vaccination against influenza, if the vaccination is available to that person.

Note: the vaccination is not available to a person only if:

- *the person has a medical contraindication (Guillain-Barré syndrome - lower immunity from cancer treatment – anaphylaxis reaction) to the influenza vaccine; or*
- *the person is observing the recommended waiting period between receiving the COVID-19 vaccine and the influenza vaccine.*

Team members* can receive a flu shot by:

- attending one of Sundale's free [Flu Vaccination Clinics](#);
- visiting Priceline Pharmacy Nambour ([bookings essential](#));
- Visiting a pharmacy of your choice.

PLEASE NOTE – If you have ever had any allergic reaction to a vaccine, DO NOT attend the Flu Vaccination Clinic.

It is strongly recommended you receive your flu vaccination at a doctor's surgery or hospital emergency department.

*Bindaree team members will receive their flu shot via a local GP, who will visit the Care Centre later this month.

CONTACT TRACING

Contact tracing information is constantly being updated on the [Queensland Health website](#).

Prior to commencing any shift at Sundale, please check the website and contact your manager immediately if you have visited any of the listed locations at the relevant times.

Close contacts – quarantine for 14 days and complete the contact tracing self-assessment

If you have been to any of the [locations](#) at the relevant times you should:

- [quarantine at home](#) immediately for 14 days since attending those venues at those times
- complete the [contact tracing self-assessment](#) if you have not already been contacted by Queensland Health in relation to this potential exposure. If you are unable to complete the online contact-tracing self-assessment please call 13 HEALTH (13 43 25 84)
- stay quarantined even if you get a negative test until 14 days have passed since you were last there. It can take 14 days before you may show symptoms or test positive.

Casual contacts – get tested immediately and quarantine until you get a negative result

If you have been to any of the [locations](#) at the relevant times you should:

- [get tested](#) immediately even if you have no symptoms
- [quarantine at home](#) immediately until you receive a negative result
- complete the [contact tracing self-assessment](#)
- watch for [COVID-19 symptoms](#) and [get retested](#) if you feel unwell.

Historic venue information

If you have been to any of the [locations](#) at the relevant times you should:

- if you have COVID-19 symptoms [get tested](#) immediately and [quarantine at home](#) until you receive a negative result
- if you have been unwell after visiting one of these venues, see your GP
- continue to monitor for [COVID-19 symptoms](#) and [get retested](#) if you feel unwell.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering Sundale.

Yours sincerely,



Danielle Mackenzie
Sundale CEO