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COVID-19 (novel coronavirus) update

Over the Christmas New Year period the COVID-19 response team has been monitoring and responding to the progress of COVID-19 in the Queensland community. I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

CHANGES TO REQUIREMENTS FOR CONFIRMED CASES AND CLOSE CONTACTS

In line with new national guidelines, from 12am, Friday 31 December 2021, the following changes to the requirements for confirmed cases and close, casual and low risk contact will come into effect.

CONFIRMED CASES

Confirmed cases of COVID-19 must:

- isolate for seven days from the date they were tested
- have a negative RAT on day 6
- monitor for symptoms for a further 7 days and repeat testing if symptoms occur.

CLOSE CONTACTS

Close contacts will be defined, except in exceptional circumstances, as a household contact of a confirmed COVID-19 case. A household contact is someone who lives with a confirmed case or has spent more than 4 hours with them in a house, accommodation or care facility setting.

Close contacts must isolate for seven days from the date of exposure to a confirmed case and have a negative Rapid Antigen Test (RAT) on day 6.

Symptomatic close contacts must get a PCR test.

CASUAL OR LOW RISK CONTACTS

Other contacts who have been potentially exposed to a case but who are at lower risk of infection must monitor for symptoms and only need to have a RAT or PCR test if symptoms occur.

ALL CONTACTS

All contacts should:

- wear a mask when outside home
- monitor symptoms
- avoid visiting high risk settings, like aged care or hospitals, for 14 days following exposure.

If a contact's RAT is positive, it should be followed by a PCR test to confirm the positive result.

CONTACT TRACING LOCATIONS

Contact tracing locations will only be published online in critical circumstances.

RAPID ANTIGEN TESTS

Sundale has ordered a substantial amount of Rapid Antigen Test (RAT) kits to screen team members, regular visitors and care recipients.

It's anticipated key groups will be tested every 72 hours (3 days), alongside other screening practices such as monitoring for symptoms and not attending work if unwell.

WORKING FOR MULTIPLE PROVIDERS

In line with <u>Residential Aged Care Direction</u> (No.11), Sundale requires all team members to notify their manager of their additional place of employment before entering a Sundale facility (if relevant).

Team members must also notify their manager immediately if they become aware of a COVID-19 case identified at their additional place of employment.

PERSONAL PROTECTIVE EQUIPMENT

In accordance with <u>Residential Aged Care Direction</u> (No.11), Sundale team members are now wearing appropriate PPE, including face masks and goggles.

It's essential all team members wear PPE correctly.

WE'RE PREPARED

The escalating COVID-19 situation in Queensland has once again highlighted the need for Sundale to take measured, proactive steps to prepare for a COVID-19 outbreak.

I'd like to thank the COVID-19 Response Team for their ongoing diligence and commitment. Sundale's COVID-19 Response Team is actively monitoring the evolving situation and has created a specific response plan which includes a step-by-step guide of what to do following the identification of a positive COVID-19 case. Sundale's COVID-19 response plan also has a comprehensive checklist, which Sundale management and team members will follow in the event of a positive COVID-19 case.

The COVID-19 Response Team is also monitoring close contact locations.

Sundale will continue to make responsible and considered decisions to protect the health, safety and wellbeing of its care recipients, residents, clients and dedicated team members to help minimise the threat of COVID-19 entering a Sundale Care Centre or Retirement Community.

Yours sincerely,

Helen Sharpley
Interim Sundale CEO