



SUNDALE

Matt Gollnick

Paul...



SUNDALE

Because we care

Spotlight

NO 34 | DECEMBER 2022

The Voice of the Sundale Community



News & Events

60th birthday

2023 will be a year of celebration at Sundale, with the organisation celebrating its 60th birthday.

- **18 Feb 2023** – 60 years since construction began at Nambour Garden Village.
- **30 March 2023** – 60 years since Queensland Premier, Frank Nicklin laid the foundation stone at Nambour Garden Village.
- **30 November 2023** – 60 years since Nicklin Lodge was officially opened at Nambour Garden Village.

To celebrate, a number of celebrations are in the works, including the opportunity to shine the spotlight on some of Sundale's most remarkable characters.

If you would like to see a remarkable member of the Sundale community acknowledged as part of Sundale's 60th birthday celebrations, please email david@cloutpr.com.au.

David will need the person's name and details about the impact they have had on Sundale.

Please note, Sundale's Executive Leadership team will assess all suggestions.

Official opening of the first stage of Nicklin Lodge, Nambour, 30 November 1963 (Image courtesy of Sunshine Coast Libraries).

Front page news

Speaking of local media, Aloaka Care Centre's Karla May Villagraca and her teammates were on the front page of the Kilcoy Sentinel in November.

Karla was awarded Sundale's prestigious \$10,000 Sir Clem Renouf Scholarship so she can achieve her career goals.

Karla is studying a Master of Gerontology at the Queensland University of Technology and said the \$10,000 grant is life changing.



60 years and counting

One of Sundale's favourites, Eunice Krome celebrated an incredible milestone in early December – six decades as a hairdresser, including 59 years at Sundale.

Eunice's comfort, kindness and compassion cannot be understated. She has become a dear and trusted friend to hundreds of residents at Sundale.

Congratulations Eunice on your extraordinary achievement.

Thank you also to 7 News Sunshine Coast for celebrating Eunice's wonderful milestone.

Thank you to the wonderful SingSpire Chorus who has been spreading Christmas cheer throughout Sundale.



News & Events

Celebrity chef at James Grimes Care Centre

One of Australia's most respected and talented chefs, Matt Golinski has spent time at James Grimes Care Centre teaching Sundale's chefs and cooks some of his secrets.

An advocate for healthy, fresh, locally sourced produce, Matt taught some of Sundale's chefs and cooks how to create four different dishes using home-made ricotta.

Matt's visit to the James Grimes Care Centre kitchen also caught the attention of local media, with both Sunshine Coast News and 7 News Sunshine Coast sharing wonderful stories of Matt's visit to Sundale.



Respected Australian chef spends time at Sunshine Coast care centre



RETIREMENT COMMUNITIES

Coolum Waters

Head fire warden, Leigh Kersnovske recently surprised the residents at Coolum Waters Retirement Community with a mock-evaluation.

With the help of 14 volunteer wardens, all residents were located and accounted for in record time.

The annual fire drill was also cause for an impromptu get-together at various muster locations throughout the village.



RETIREMENT COMMUNITIES

Nambour Garden Village

One of the best things about having four Retirement Communities on the Sunshine Coast is the opportunity for visits, where old friendships are renewed and new friendships made.

Recently, the residents at Sunvilla in Nambour Garden Village visited the residents at Palmwoods Garden Village for a cuppa and a piece of cake.



RETIREMENT COMMUNITIES

Rotary Garden Village

It's beginning to look a lot like Christmas at Rotary Garden Village Retirement Community, with residents enjoying a wonderful Christmas celebration in the clubhouse.



RETIREMENT COMMUNITIES

Palmwoods Garden Village

Birdseye view!

Work has begun on the multi-million-dollar development of 69 units, which is being built on a vacant lot adjacent to Palmwoods Garden Village.

The units will feature sweeping views of the Sunshine Coast hinterland once complete.

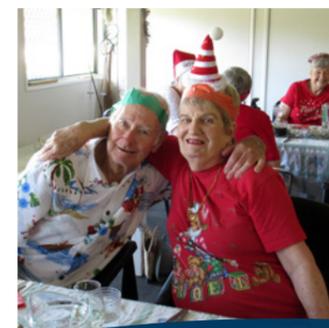


The spirit of Christmas was visible for all to see at Palmwood Garden Village's recent Christmas lunch.

More than 60 retirement community residents gathered in the clubhouse to enjoy some Christmas cheer!

It must be mock-evacuation season, with residents at Palmwoods Garden Village also surprised with an old-fashioned fire-drill recently.

For many residents, it was an opportunity to catch-up with friends and neighbours.



Gaudy Day at Aloaka Care Centre was a lot of fun, with residents and team members dressing up in loud, mis-matched and funky clothes.

Aloaka's residents recently participated in Kilcoy's first Masskara Festival, which celebrates the region's large Filipino community.

The residents' amazing hand-made rainbow masks caught everyone's eye.

The spectacular event also included a dance performance from the local high school.

Halloween was a community celebration at Aloaka, with local children visiting residents before the trick-or-treating began.

Melbourne Cup Day at Aloaka Care Centre included a delicious lunch, games, Fashions on the Field and amazing prizes.



The ghouls and goblins at Bindaree Care Centre embraced Halloween by conducting a series of experiments, listening to spooky songs and making cupcakes.

Bindaree also celebrated their unannounced visit from the Aged Care Quality and Safety Commissioner assessors. The assessors praised the staff's care of our residents



Bowder's residents are a rowdy bunch, particularly when celebrating Oktoberfest. Party goers enjoyed a BBQ and dress-up, while Bavarian "oompah" music played on the big-screen.

Nothing illustrates the Melbourne Cup better than Fashions on the Field. Bowder's residents showed-off their hats and fascinators, much to the delight of other racegoers.

Remembrance Day at Bowder Care Centre was a solemn occasion. Residents commemorated the end of the WWI with a moving service and the reading of poems, scripture and speeches. Hand painted poppy-jars made by residents were also on display.

On 28 November 1982 Queensland Senator, Flo Bjelke-Petersen officially opened the fifth and final stage of Nicklin Lodge at Nambour Garden Village. The stage, known as Bowder Lodge, honoured a bequest from sisters Daisy and Kathleen Bowder.

Residents celebrated Bowder's 40th birthday with a 1980s inspired party, complete with tied shirts, mullet wigs and leg warmers. Happy birthday Bowder!

There's no need for Santa to check the list twice at Bowder Care Centre - all the residents are nice and rather lovely. The recent Christmas feast was an opportunity for family and friends to celebrate the festive season with Bowder's residents.

Bowder Care Centre team members also celebrated the glowing praise given by the Aged Care Quality and Safety Commissioners who recognised the care provided to our residents with a tick against every criteria.



CARE CENTRES
Coolum

The residents and team members at Coolum Waters Care Centre recently celebrated Diwali, which is also known as the Festival of Lights. Diwali is one of the most important festivals in the Hindu religion, with the celebration generally lasting five days.

For the past few weeks, residents at Coolum Waters Care Centres have been learning pottery and making their own Christmas decorations.

Next step is for the decorations to be fired in the kiln, so the glazing can begin.

Hip, hip hooray and happy 104th birthday to Coolum's Rose Clarke.

Rose emigrated to Australia from the UK in 1921, is a member of the Country Women's Association and remembers Sundale being built.

Happy birthday Rose.

A huge thank you to the U3A band who never fail to put smiles on the faces of Coolum's residents.

Trick or treat?

It looks like it was mostly treats at Coolum Waters Care Centre on Halloween.

Coolum's residents looked dapper on Melbourne Cup Day, with hats and flowers the design feature of choice.

Not only is Rose a superstar at Sundale, it turns out she is the oldest person in the Ninderry electorate, with local member Dan Purdie helping Rose celebrate her 104th birthday at Coolum Waters Care Centre.

Residents and team members at Coolum Waters Care Centre commemorated Remembrance Day with a moving service to honour those who have died, suffered and sacrificed so much.

Lest we Forget.



CARE CENTRES

James Grimes

The residents at James Grimes Care Centre got down and dirty, potting a variety of plants at cuttings earlier this month.

The plants are available for sale, with money raised funding lifestyle activities.

Looks like everyone had a brilliant time at James Grimes Care Centre's Oktoberfest celebrations.

Trick or treat?

It appears the residents at James Grimes Care Centre residents received treats as part of their Halloween High Tea event.

Giddy-up!

Melbourne Cup Day looked like a lot of fun at James Grimes Care Centre.

The residents at James Grimes Care Centre paused to commemorate Remembrance Day in November.

The ceremony was particularly poignant for Neville Walker who served in the Royal Australian Navy as a diesel mechanic.



CARE CENTRES

Palmwoods Garden Village

Prost!

The Oktoberfest celebrations at Palmwoods Care Centre looked like a lot of fun.

The residents at Palmwoods Garden Village celebrated the Melbourne Cup with a lovely high tea, a fashion parade, nibblies and a few drinks before watching the race on the big screen.

Lovely Lucy Olsen recently celebrated her 102nd with team members at Palmwoods Garden Village.

Happy birthday Lucy, we hope you had an amazing day.

Hip, hip, hooray to the gorgeous Gwen Smoothy who celebrated her 103rd birthday recently surrounded by family and friends.

Happy birthday Gwen.



CARE CENTRES

Rod Voller

All aboard!

Rod Voller's residents had a wonderful day on board the Mary Valley Rattler.

The 'Rattler', has been a driving force for the development of the region since gold was discovered in Gympie in 1867.

Happy 103rd birthday Lois Mayers.

The Rod Voller resident is affectionately known as Auntie Lois throughout the Nambour community and has witnessed 25 different Australian Prime Ministers!

It was a picture-perfect day for a picnic at La Balsa Park, with Rod Voller's residents also enjoying a peddle, thanks to the volunteers at Cycling without Age.

As if by magic, the sounds and thrills of the Melbourne Cup came to Rod Voller Care Centre on Cup Day.

Don't the residents look fabulous?

Is there anything the amazing residents at Sundale can't do?

Residents at Rod Voller Care Centre recently organised a wedding for their much-loved bus driver, John Muglietti and his new bride Sharon.

The residents organised four bridesmaids, a wedding cake, a photographic slideshow and of course the all-important confetti butterflies.

The residents at Rod Voller Care Centre commemorated Remembrance Day with a moving candlelight service.

Bus trips are a hot ticket item for the residents at Rod Voller Care Centre.

Recent outings have included lunch at Bribie Island and Buderim Village Park, where residents enjoyed time with a new four-legged friend.

The Rod Voller Summer Sessions are underway with Hawaiian entertainer and dancer, Atete Panui delighting residents with her amazing voice and captivating dancing.

