



SUNDALE

Because we care

Spotlight

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The Voice of the Sundale Community



News & Events

60 years of care

This year Sundale celebrates its 60th birthday.

To commemorate six decades of caring for the community, we will be sharing the stories of 12 remarkable individuals and revealing their amazing contribution to Sundale.

It's an honour to share Joan Chapman and Keith McKinnon's stories.



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Joan Chapman Resident / Volunteer

Joan Chapman has been volunteering at Sundale since 1963, but missed the official opening because of the birth of her daughter. All I can remember the Nambour site before Sundale was built," Joan said.

"Whenever I had a spare moment, I used to pop in and say hello to the residents, share cups of tea, take them shopping and help organise the library. "With Hazel Smith, I used to sing in a choir for the residents. We would also perform at the annual Christmas Concert."

"You can't mention Sundale without mentioning Nambour and New areas. There have been so many parties, birthdays and celebrations. Sundale has been my life." Joan said it was the residents and the relationships she formed which kept her coming back, and volunteering for the past 60 years.

"I have been able to help people and enjoy myself while doing it," Joan said. "Acceptance is a big thing and my family and I have received it at Sundale. "When I think of Sundale, I think of freedom, friendliness and love, and I hope that continues."

"To this day our kids say, 'I just have to pop into Sundale' if they are running late." Joan started volunteering at Sundale as a 29-year-old, alongside her parents Bob and Jessie Webb who were also foundation volunteers.

"I've been able to help people and enjoy myself while doing it," Joan said. "Acceptance is a big thing and my family and I have received it at Sundale. "When I think of Sundale, I think of freedom, friendliness and love, and I hope that continues."

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Keith McKinnon built Sundale – literally.

When tenders were called for the first stage of Sundale (Nicklin Lodge) to build three cottages, 20 hostel units with dining and kitchen facilities and a supervisor's flat, Keith and his business partner, Bill Handford submitted the successful quote of £65,181. "With the help of local cane farmers, we dug all the trenches for the foundations by hand," Keith said.

"There were five of us on site for the duration of the build, Bill and myself, two builders labourers and an apprentice. "Sundale was my first job using an electric drill and an electric saw, prior to that everything was done hand."

"There were minimal safety regulations and no scaffolding when we built Nicklin Lodge, but it did go up very quick." Keith was born in Nambour and raised in Mabely and knew he wanted to be a builder from an early age.

"When I was in Year 2 at Mabely State School, I watched the Presbyterian Church being built across the road," Keith said.

"I decided then and there I was going to be a builder." Keith had nine years building experience and had only just partnered with his brother-in-law, Bill Handford when he submitted the quote to build the first stage of Sundale.

"I distinctly remember building the back deck at Nicklin Lodge. We also did all the carpentry it was a beautiful building," Keith said. "The build was the talk of the town and I remember the local paper taking that famous first photo (Image 3) because it was the same day by brother, Gordon named his wife."

"I'm very proud looking back and the building went up without a hitch, however, 60 years on, I am the only one that is left in that photo. Most of my friends are gone, that's the trouble with living too long."

"Sundale's association with Sundale didn't stop at Nicklin Lodge, he and son Douglas also built 30 units at Rotary Garden Village in 1986 and a Day Therapy Centre on the same site in 1987.

"Sundale has played a very important role in every aspect of my life," Keith said. "Initially, it was professionally but it became more personal over the years. My grandfather lived at Nicklin Lodge, my parents and in-law both lived at McGowan Lodge, my sister lived at Rod Walker Care Centre and now I live at Palmwoods Garden Village."

"Hundreds of families have been able to say they've called Sundale home - that's pretty pleasing."

A dozen reasons to consider Rotary Garden Village

Renovation work is underway at Sundale's Rotary Garden Village Retirement Community, with 12 units undergoing significant facelifts.

The work will see kitchens, bathrooms, bedrooms and living areas refurbished and the units sold to retirees who are looking for a vibrant and engaging lifestyle.

CEO Helen Sharpley said Sundale has been the heartbeat of the Nambour community for the past 60 years.

"Retirees are looking for a low maintenance lifestyle within a caring community, and that's exactly what's on offer at Rotary Garden Village," Ms Sharpley said.

"Dotted throughout the expansive seven-acre hinterland site are 80, one, two and three-bedroom units, which all feature established gardens.

"Renovations to the 12 units are expected to be completed by late March.

Lesley Cole downsized to Rotary Garden Village Retirement Community three years ago.

"The first day I drove in I felt very comfortable. The scenery, the set-up, I felt like I was home," Mrs Cole said.

"There are a lot of very kind and very considerate people at Rotary. When you get to a certain stage in life, that's exactly what you need."

Setting Rotary Garden Village Retirement Community apart is its range of stimulating and engaging lifestyle activities and services. However, should a resident's situation change, continuum of care is available via Sundale's In-Home Care team or at a co-located Care Centre.

To tour the beautiful homes at Rotary Garden Village, please call Bronya 0439 862 940 or Shorelle 0407 132 302.



Trailblazing

One of the Sunshine Coast's trailblazing female business leaders has reached another amazing milestone.

Peggy Morse celebrated her 103rd birthday surrounded by family and friends at Sundale's James Grimes Care Centre on Saturday 10 December.

The avid Collingwood Football Club supporter relocated to the Sunshine Coast with her husband Rae in the 1970s, following a successful business career in Melbourne.

Peggy's birthday and story also caught the attention of Sunshine Coast News.



SUNSHINE COAST NEWS

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HOME / NEWS

Inspirational trailblazer who championed female business leaders reaches milestone



Peggy Morse celebrated her 103rd birthday surrounded by family and friends
BY SUNSHINE COAST NEWS / 10 DECEMBER 2022

One of the Sunshine Coast's trailblazing female business leaders has reached another amazing milestone.

Peggy Morse celebrated her 103rd birthday surrounded by family and friends at Sundale's James Grimes Care Centre on December 10.

The avid Collingwood Football Club supporter relocated to the Sunshine Coast with her husband Rae in the 1970s, following a successful business career in Melbourne.

She joined the Nambour Chamber of Commerce and would later become just the second person to be awarded Life Membership, for her 25 years of outstanding service.

The Australia Day village barbeque at Coolum Waters was a lot of fun, however the apron was cause for a double take!



RETIREMENT COMMUNITIES

Rotary Garden Village

Have you considered the upside of downsizing at Rotary Garden Village?

Earlier this month a camera-crew captured a bird's eye view of Rotary Garden Village and spoke to residents about why Sundale is the perfect place to call home.



RETIREMENT COMMUNITIES

Palmwoods Garden Village

The Choir of Sound Intent, which features Sundale resident Peter Stidolph was in full-voice at Palmwoods Garden Village in late December.

The Christmas concert included a pianist, a guitarist, a drummer and two amazing harp players.

The choir is part of Restoring Hope Parkinson's Therapy. To be a member of the choir either have Parkinson's or are caring for someone with Parkinson's.





YOUR NEW HOME AWAITS...

UNIT 52 \$325,000

Welcoming and radiant, this beautiful one bedroom duplex home has been renovated and features a modern kitchen and separate laundry.

It boasts 2 large separate living areas and is in a sought-after central location on flat ground in the village.

Complete with modern neutral flooring, a generous bathroom plus an abundance of cupboard space unit 52 will surely delight.

This charming home delivers the all benefits of life in a quiet street, within a friendly village.

Call Bronya - 0439 862 940 to view this beautiful home



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ROTARY GARDEN
VILLAGE
BY SUNDALE

LOVELY ELEVATED POSITION

UNIT 27 \$425,000

A full refurbishment is underway for this spacious 2 bedroom duplex unit, that offers mountains views and breezes from the multi purpose rear deck.

Your new kitchen will overlook the air conditioned open plan living and dining room finished with modern vinyl plank flooring and new carpet in bedrooms.

Unit 27 with its north facing undercover front patio, open garage with internal access and additional storage room are all features that you will love in your new home.

Call Shorelle - 0407 132 302 to view this beautiful unit.



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CARE CENTRES
Aloaka

It was a cracker of a Christmas at Kilcoy, with Mrs Claus surprising residents at Aloaka Care Centre.

Once a month the residents at Aloaka Care Centre get together with their friends at the local Anglicare Day Respite Centre.

You've probably heard of Brush and Barrel, but what about Peter and paint?

Aloaka Care Centre resident, Peter has been enjoying art sessions with volunteer Di from the Kilcoy Art Society Incorporated.



CARE CENTRES

Bindaree

The biggest Christmas thank you to the Gladstone and Boyne Island communities for making Bindaree's residents feel so loved and special.

The Adopt-A-Grandparent program connects locals with aged care homes and saw Bindaree's residents gifted presents.

The residents also enjoyed a special concert, which including dancing and a choir performance.



CARE CENTRES

Bowder

Five-star smiles, from the five-star team, who work at the Sunshine Coast's only five-star aged care home, Bowder Lodge Care Centre.

Hip, hip, hooray and Happy New Year from all the residents at Bowder Lodge Care Centre.

Happy Australia Day from everyone at Bowder Care Centre.

The Five-Star fun included a gumboot challenge, a thong toss, money grab and kangaroo capers.

You scream, I scream, we all scream for ice cream!

That's exactly what Bowder's residents did when they celebrated Ice Cream for Breakfast Day.

Some residents chose to add ice cream to their porridge, while others opted for the more sedate icy-pole on a stick.



Christmas lunch was a family affair for the residents and team at Coolum Waters Care Centre.



The Australia Day festivities James Grimes Care Centre looked like a lot of fun with flags, games and an Australian animal trivia quiz.

Hands-up if you're a fan of James Grimes Care Centres' weekly mystery bus tours? The most recent adventure took residents to Mooloolaba for afternoon tea.



CARE CENTRES

Palmwoods Garden Village

Christmas at Palmwoods Garden Village Care Centre was a wonderful celebration, with families joining residents for a Christmas feast, which included a visit from Santa.

Happy New Year from all the residents at Palmwoods Garden Village Care Centre.

Residents celebrated the start of 2023 with a party, drinks, dancing and plenty of singing.

Smile if you like pancakes.

The residents at Palmwoods Care Centre certainly do.

Breakfast also featured an old-time-singalong.

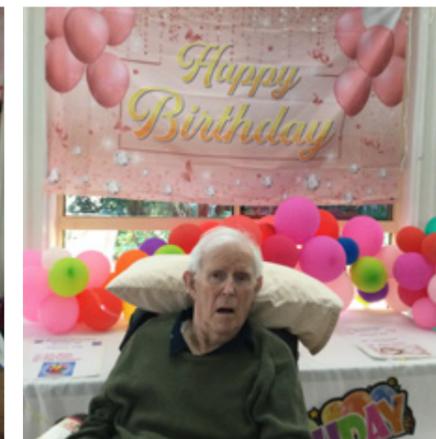
A huge thank you to local performer Michelle Brown for entertaining the residents at Palmwoods Garden Village in January.

Michelle's performance coincided with the monthly resident birthday party, which included cupcakes, morning tea and a sing-along.

Happy Australia Day from everyone at Palmwoods Garden Village.

Residents acknowledged the day with a thong throwing game, trivia, races, a lamington eating competition and a singalong.

A special shout-out to the amazing kitchen team who made beautiful scones and delicious lamingtons.



Roses are red,
Violets are blue,

On behalf of all the beautiful Palmwoods residents,

Happy Valentine's Day to you.

The residents at Palmwoods Garden Village Care Centre celebrated Valentine's Day with pancakes served with pink cream and syrup, ice-cream sodas and chocolate hearts, all made by the amazing Lifestyle team.

Hip, hip, hooray and happy birthday to Palmwoods' February babies who celebrated another lap around the sun with a wonderful morning tea and entertainment by John Buckley.

CARE CENTRES

Rod Voller

Rod Voller's residents had a wonderful time celebrating the festive season with family and friends.

The Christmas party even included a visit from Santa and a trip to the beach!

Hip, hip, hooray and happy birthday to the delightful Phillis Butt who celebrated her 103rd birthday in mid-December.

We hope you had a wonderful day, Phillis.

Christmas Day at Rod Voller Care Centre was a joyous occasion, with team members and residents celebrating the season of giving.

Rod Voller's residents welcomed 2023 in style, with a countdown celebration and a spirited rendition of Auld Lang Syne.

A big thank you to the teachers and students at Kuluin Outside School Hours Care for inviting Rod Voller's residents to a delightful morning tea.

Johnny the Jester provided fabulous entertainment before the residents were taught how to make balloon animals.

Can we sign up for the next Rod Voller bus trip to Flaxton?

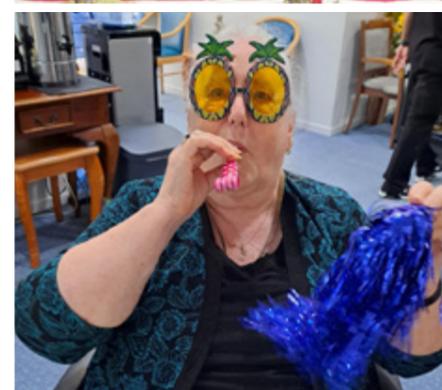
Hello from the you-beaut, fair dinkum, dinky-di, true-blue residents at Rod Voller Care Centre who commemorated Australia Day with a special lunch and thong-throwing.

The fun and games never stop at Rod Voller Care Centre – just ask the residents!

It's called Rotary Garden Village for a reason and the green thumbs at Rod Voller are more than happy to do their bit.

How is this for an amazing hidden talent!

Rod Voller resident, Beryl Edgar makes hand-made cards for her family and friends using pressed flowers and water colours.





A huge thank you to Sundale bus driver John Muglietti for overseeing another wonderful outing.

With the help of volunteer Val Carter, residents at Rod Voller Care Centre enjoyed a delightful morning tea at Stonebridge Gardens at Palmwoods in the Sunshine Coast hinterland.

Did someone say time-warp?

Rotary's residents stepped back in time with a 1950's inspired lunch, which included devilled eggs, devils on horseback, cucumber bites, Waldorf salad sliders, pulled-pork sliders and banoffee pie.

No, it's not a rendition of 'I'm a Little Teapot', it's the latest exercise class at Rod Voller Care Centre.

Residents enjoy exercise classes every Tuesday and Friday, with pilates offered on the weekends.

