



SUNDALE

Because we care

Spotlight

NO 40 | DECEMBER 23

The Voice of the Sundale Community



News & Events

Merry Christmas

On behalf of the entire team at Sundale, Merry Christmas and Happy New Year!

We hope 2024 brings you good health, happiness and laughter.



60 years of care

To commemorate six decades of caring for the community, we will be sharing the stories of 12 remarkable individuals and revealing their amazing contribution to Sundale.

It's an honour to share the Sundale stories of Graham Chapman and J. D. Grimes M.B.E.



This year Sundale celebrates its 60th birthday. To commemorate six decades of caring for the community, we will be sharing the stories of 12 remarkable individuals and revealing their amazing contribution to Sundale.

Graham Chapman President (1981 - 2000), Vice President (1983 - 1986), Secretary (1977 - 1983), Board member (1977 - 2010).

It's impossible to tell the story of Sundale without mentioning the remarkable contribution of Graham Chapman, aka 'Mr Sundale', one of Sundale's most important figures and the organization's longest serving Board President.

Born and raised on a cattle farm at Eumundi, Graham relocated to Nambour with his mother in 1953 following a three-month National Service stint and soon found work as a carpenter with local builder Geoff Rigby.

Graham joined the Sundale Committee in 1977 as an Apesian nominee and would play a crucial role in the growth of Sundale, including the second and third stages of James Grimes Care Centre, the construction of Sunville Court, Bowler Lodge and the development of Rotary Garden Village.

Under Graham's leadership, Sundale also expanded beyond the 4560 postcode, including the construction of the Palmwoods Garden Village and Coolam Waters Retirement Communities and Care Centres and the purchase of Alnaka Care Centre at Kiby.

Graham's wife of 62 years, Joan said Graham was passionate about helping others and giving back to the local community, but knew nothing about being a secretary when appointed to the role on the Sundale Board.

"As a builder, Graham had a great eye for detail, but knew nothing about taking minutes or the Board's processes and things," Joan laughed.

Joan believes Graham's greatest Sundale achievement was the construction of Palmwoods Garden Village, which opened in 1993.

"Palmwoods was his great love," Joan said. "Graham's building background allowed him to oversee every aspect of the build from the purchase of land to construction."

"Graham would regularly travel to Brisbane for a working breakfast with the architects, and then come back to the Sunshine Coast to go to work."

"Sundale kept Graham very busy. He would often say 'I'm just putting down to Sundale', which was code for 'I won't be back for at least two hours.'"

"To this day our kids say, 'I just have to pop into Sundale if they are running late.'"

An aged care visionary, Graham's plan for Palmwoods Garden Village, and aged care more broadly in the 1980s is remarkably similar to the recommendations handed down recently by the Royal Commission into Aged Care Quality and Safety.

"One of the days of building large facilities where residents are living in a family of 30 people, this new concept will house a group of 12 to 14 with a lounge, dining room and small kitchen to service that number of people. Residents will be able to prepare and eat breakfast at a time to suit themselves and participate in the usual house-keeping activities as if they were in the family home. Staff will still provide services for those who prefer to have all meals prepared. Within the complex, we will still have a large commercial kitchen, main dining room and large activities room for general occasions and gatherings. Each of these smaller satellite families is connected to the other and to the central community area by enclosed walkways as well as shaded external paths for the enjoyment of our sunny days."

Graham also played a key role in the construction of the bowling green at Rotary Garden Village, the Rehabilitation Centre and hydrotherapy pool at James Grimes Care Centre, the purchase of Cooroy Hospital and the construction of Transition House.

Graham's vision, particularly the decision to build Palmwoods Garden Village inspired countless others to support Sundale. Simply put, without Graham, there would be no Sundale.

Graham passed away in 2021. He is survived by his wife Joan, their children, Russell, Jill, Brett, Bruce and their families.

Marianne (nee) Chapman 1963 - 2013 (Name and Age Given)



This year Sundale celebrates its 60th birthday. To commemorate six decades of caring for the community, we will be sharing the stories of 12 remarkable individuals and revealing their amazing contribution to Sundale.

J. D. Grimes M.B.E. Sundale President (1960 - 1978), Foundation Board Member (1963 - 1978)

J.D. Grimes is widely considered the father of Sundale.

Born and raised in Nambour, J.D. left school at 14 to work as a delivery boy throughout the North Coast (Sunshine Coast).

Via hard work, J.D. soon had enough capital to open a small goods store in the Nambour CBD. A brief career as an insurance salesman followed before J.D. found his calling in real estate with business partner Vic Day.

Together the pair would establish Day & Grimes Real Estate in Nambour in 1956. Offices in Gympie, Kippaway and Gladstone soon followed, with the business evolving to also sell building supplies and furniture throughout regional Queensland.

J.D.'s daughter, Gleysys said her father was a Christian man, with uncompromising values and morals who possessed boundless energy.

"Dad was a loving family man who was very community focused," Gleysys said.

"He was President of the Nambour Show Society, President of the Nambour Bowls Club, a member of the Nambour Chamber of Commerce, a Freemason, a Trustee of our local church and heavily involved in the Royal National Agricultural and Industrial Association of Queensland."

"He was always busy and people would regularly come to him for advice and support."

In the 1940s, J.D. along with future Sundale luminaries, R.D. Charlton and Sir Clem Renouf, established Enterprise Estates which would go on to develop, sub-divide and sell residential land throughout Nambour and surrounds.

In the late 1950s, the trio considered donating a parcel of land to a Nambour church group who wanted to build an age care home.

Apes Club had a similar idea and was exploring locations and fundraising initiatives.

In 1961, J.D. and his Enterprise Estates business partners, R.D. and Sir Clem supported the Nambour Apes Club by helping to fund the £3,625 purchase of an 18-acre site by Doolan and Carter Roads, which would become home to Nambour Garden Village.

The Enterprise Estates trio each donated £1,000, with the remaining £2,625 raised via a local appeal.

As Sundale's Foundation President, J.D.'s generosity of spirit, boundless energy and passion for the Nambour community was instrumental to the creation of Sundale.

His overseas fundraising initiatives, sought donations from local business leaders

and established strong relationships with prominent Queenslanders, including then Premier, Sir Frank Nickle.

Simply put, without J. D. Grimes, there would be no Sundale.

"More than anything I remember the number of meetings about Sundale that took place at the dinner table," Gleysys said.

"There were plans everywhere!"

James Grimes Nursing Home (now, James Grimes Care Centre), which was opened in 1973, is one small way Sundale recognises the contribution of J.D. Two streets in Nambour, Davidson Street and Grimes Terrace, and the J.D. Grimes Stand at Nambour Showgrounds also acknowledge his standing in the community. J.D. was also awarded an MBE for a lifetime of charitable work.

"Dad was a very compassionate man. He's what you would call an old-fashioned gentleman," Gleysys said.

"He was always immaculately dressed and always wore a tie."

"I think I'd be very proud of what Sundale has become because it has provided comfort and solace to so many people."

J.D. passed away in 1978. He was 70 years of age.

Perhaps the most fitting tribute to J.D.'s contribution to Sundale is that of former administrator and resident Ern Stolznowski.

"Looking back over almost two decades of personal involvement in Sundale by James Grimes, one can only marvel at how from the very beginning he was able to visualise the total concept of Sundale Garden Village - its goals and philosophies, its capacity to attract support from the community, the Committee and staff structures. By personal leadership and example he modelled for Committee members, staff and residents, the graciousness, concern and dedication of a Christian gentleman. Supervisors and administrators brought into service during his term of office were inspired by his friendly encouragement not to settle for less than their full potential in service to Sundale. They appreciated his interest in their views and opinions and his life is written deep into the affections of Sundale residents who know him as a steadfast friend and counsellor. Committee members remember him as a President who never laid a burden on them that he was not first prepared to carry himself, and a friend who gave of his time and ability until the very last days of his life."

"Sundale (nee) Grimes 1963 - 2013 (Name and Age Given)"



News & Events

Official launch of Sundale's \$42 million, 69-unit, Palmwoods Garden Village expansion

In late October, Keith McKinnon, Sundale's original builder who constructed Nicklin Lodge in 1963 officially launched the \$42 million, 69-unit, Palmwoods Garden Village extension.

Mr McKinnon (92) resides at Palmwood Garden Village and replicated a key moment in Sundale's history by placing a gold coin in the formwork of the new development.

When Sundale's first bricks were laid in 1963, Dr Alan Raine (then Apex President) placed a gold sovereign under a brick as a symbol of the rich and rewarding opportunities available to residents at Sundale.

Executive Manager of Corporate Performance, Richard Langley said the decision to recreate history by placing a gold coin in the formwork at the Palmwoods Garden Village expansion acknowledges Sundale's rich past and bright future.

"The \$42m Palmwoods Garden Village development is Sundale's largest infrastructure project since building Coolum Waters Care Centre and Retirement Community in 2004," Mr Langley said.

"69 new, spacious, meticulously-finished units are on the way.

"Residents will enjoy a low-maintenance, optimum living lifestyle. They'll also be able to connect in a community of like-minded people and enjoy convenient amenities, including a brand-new heated pool and clubhouse.

"The new units at Palmwoods Garden Village take advantage of the site's elevated position and offer true connection to the surrounding environment.

"Importantly, should our residents' situation change, support is available through either our In-Home Care team or our co-located Care Centre."

The Palmwoods Garden Village extension is due for completion in 2025.

Sundale is a community based, not for profit organisation that has been supporting the needs of its community via outstanding Retirement Communities, Care Centres and In-Home Care support services since 1963.

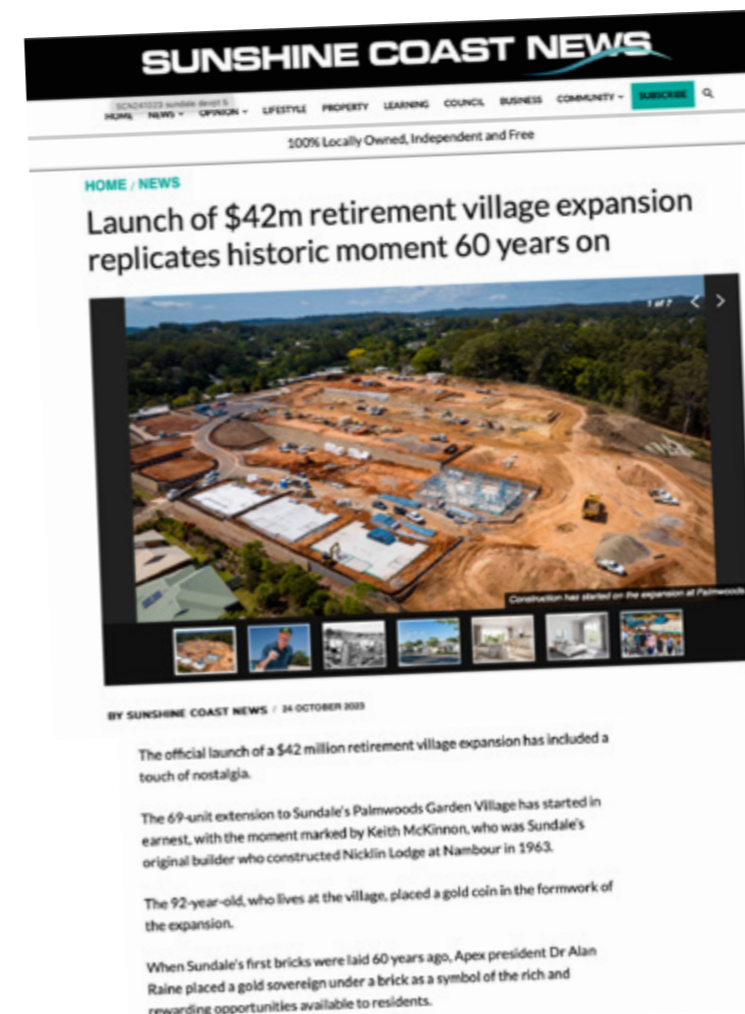
Sundale's purpose is to empower our residents and care recipients to live the life they choose, within a caring and supportive community. All of Sundale's services focus on providing comprehensive high-quality care, underpinned by dignity, choice and the desire to maximize our residents and care recipients' independence.



Setting the first brick, 18th February 1963.
Pictured (L to R): Ian Hayne (Apex), Dr Allan Raine (President of Nambour Apex Club), E. 'Tibby' Scells (bricklaying contractor), Bill Blandford and Keith McKinnon (building contractors), Gavin Scells (laying brick), J.D. Grimes (Administrator of Sundale 1963-1973) and Noel Parry (design and building consultant).



- 1 Group image L-R. (Image 10)
- Executive Manager of Corporate Performance, Richard Langley - Richard Langley
 - Sundale Board Member - Ian Black
 - Palmwoods Residents' Committee President - Ann Bryan
 - Sundale Board Member - Jodie Ashworth
 - Keith McKinnon
 - Sundale Chairman - Terence Seymour
 - Ausmar Homes Director - Richard Paris
 - Senior Development Manager - Mark McMahon
 - Sundale Board Member - Jenny McKay
 - Executive Manager People Safety Learning and Culture - Sharon Seymour
 - Sales Consultant - Shorelle Greig
 - Sales Consultant - Bronya Hamilton



The event was of keen interest to local media, including Sunshine Coast News and the ABC.



News & Events



Sundale awards \$27,000 in scholarships to staff

Sundale's commitment to providing pathways to staff so they can further their education has been strengthened, with a Sunshine Coast carer and nurse both awarded \$10,000 scholarships.

Bowder Lodge Care Centre's Susan Winters was awarded the prestigious Sir Clem Renouf Scholarship to help her complete her Bachelor of Nursing Science degree at James Cook University.

"I actually cried when I was told I had been awarded a \$10,000 scholarship," Susan said.

"I was sitting at the lunch table and I burst into tears.

"I applied for the scholarship, but never in my wildest dreams did I think I would actually be successful.

"The \$10,000 scholarship will help me pay for course fees. Financially, it'll provide me with some breathing space.

"At Sundale I get to work with people who care about what they do. I love it. The organisation prioritises its workers. It's also a really safe place to work."

Rod Voller Care Centre's Arpan Pathak also received a \$10,000 Sir Clem Renouf Scholarship, which he will use to pay for course fees at the University of the Sunshine Coast while he finalises his Bachelor of Nursing Science degree

"I am so happy," Arpan said

"I work fulltime at Sundale as an Enrolled

Nurse. It's tough working and studying at the same time. The \$10,000 scholarship from Sundale will really help.

"For me, Sundale is not a workplace, it's a family. Rod Voller is my second home and I'm blessed to be surrounded by friends and family whenever I'm at work."

Executive Manager of Corporate Performance, Richard Langley, Richard Langley said six Sundale team members received scholarship grants totalling \$26,950.

"The Sundale Scholarship Fund removes some of the barriers often associated with further education," Mr Langley said.

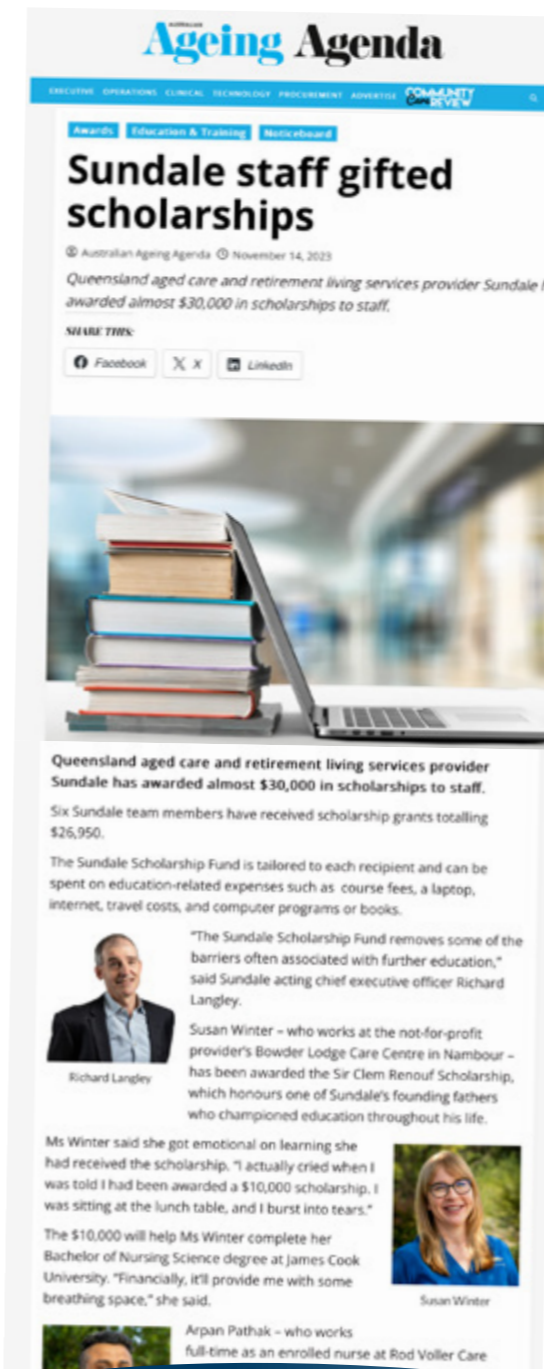
"The fund is tailored to each recipient and can be spent on course fees, a laptop, reliable internet, travel costs associated with study, computer programs or books.

"Susan and Arpan richly deserve the Sir Clem Renouf Scholarship, which honours one of Sundale's founding fathers who championed education throughout his life.

"The Scholarship Fund is a simple, yet powerful way we can support our team members, the Sundale community and our residents and care recipients."

Mandy Andrews, Orawan Suksomkorn, Donna Davis and Amporn Chanfu also received Sundale Scholarships to help further their education.

News of Sundale's scholarships also made national news.



Friends of Bindaree Christmas Party

Merry Christmas and thank you to the team of volunteers at Friends of Bindaree who recently got together for Christmas lunch.

Friends of Bindaree's garage sales have played an important role in supporting the quality of life of Bindaree Lodge residents.

Also, items sold provide quality, affordable items for people from all over the region not just the Boyne/Tannum area.

Sunshine Coast Volunteer Christmas Party

In late November, Sundale's Sunshine Coast based amazing, kind and wonderful volunteers gathered at Bli Bli Hotel to celebrate Christmas.

The brilliant afternoon included Christmas song bingo and prizes.

Volunteers are the backbone of the community and play a vital role at Sundale, providing friendship, companionship and joy to our residents.





**ROTARY GARDEN
VILLAGE**
BY SUNDALE

2 BEDROOM UNIT ON 'LAVENDER HILL'

UNIT 11 \$395,000

Refurbishment is now complete for this spacious 2 bedroom duplex unit with its beautiful flowering gardens that you can just sit back and enjoy from your rear patio.

This brick unit features an open plan living and dining room with modern vinyl plank floorings throughout; making the level unit super easy to keep clean.

Unit 11 boasts an enviable position at the top of the village, ideal for capturing the summer breezes and enjoying the elevated view from this quiet cul- de -sac within our connected retirement community.

Call Bronya 0439 862 940 to view this beautiful home

Images from similar Unit after refurbishment



2



1



1



**PALMWOODS
GARDEN VILLAGE**
BY SUNDALE

RETIREMENT LIVING AT ITS BEST

UNIT 6 \$525,000

Located close to the village clubhouse, you'll find this stylish 2 bedroom unit that is ready for you to call it your new home.

North/south orientation allowing an abundance of natural light through the air conditioned unit.

Modern, easy access kitchen with Stone benchtop and high quality appliances.

Easy to clean vinyl plank in the open plan dining and lounge and soft new carpet in the bedrooms.

A rear undercover patio also provides an additional outdoor living space for you to sit and relax with a cuppa.

Call Shorelle - 0407 132 302 to view this beautiful home



2



1



1



Coolum

Head fire warden, Leigh Kersnovske recently surprised the residents at Coolum Waters Retirement Community with a mock-evacuation.

With the help of 14 volunteer wardens, all residents were located and accounted for in record time, despite the distractions of visitors, snooker and bus trips.

The annual fire drill was also cause for an impromptu get-together at various muster locations throughout the village.



Rotary Garden Village

Village lunches are always popular with the residents at Rotary Garden Village.

November's get-together was a delicious barbeque.

A big thank you to Retirement Villages Manager, Leigh Kersnovske for organising a recycling presentation for the residents at Rotary Garden Village.

The Q&A session focused on how residents can improve their recycling to assist the local community and environment.



A few brave Aloaka residents recently tested the waters at the Kilcoy Aquatic Centre.

With the weather warming up, weekly trips to the pool will likely be in hot demand!

Talk about a view!

Aloaka's residents enjoyed a sausage sizzle lunch overlooking the Glasshouse Mountains.

Sing us the song, you're the piano man

Sing us a song tonight

Well, we're all in the mood for a melody

And you've got us feelin' alright

And that's exactly how Aloaka's residents feel about Jim the piano man, who even brings marshmallows to each performance.

Halloween was spooktacular at Kilcoy, with dozens of local children visiting their older friends at Aloaka Care Centre.

Icy poles were the first treat to disappear, following by lollies!

Suns out, guns out, and that's exactly what Aloaka's residents showed off in the Kilcoy pool.

Gentle exercise was followed by a relaxing float in the sunshine.

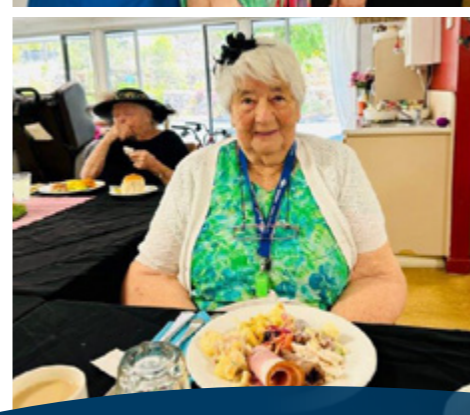
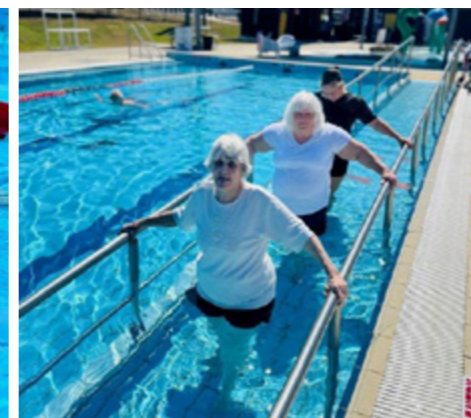
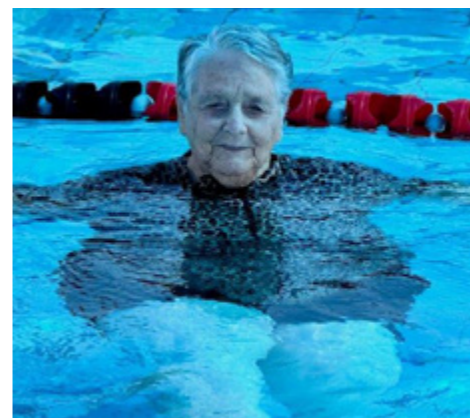
The Hawaiian inspired theme day at Aloaka was a huge success!

Prawns, pineapple meatballs and non-alcoholic pina colodas complemented the residents' tropical attire of funky glasses and traditional leis.

It was a full dance card at Aloaka for the Melbourne Cup.

A photo-shoot for the best dressed punters was followed by a delicious lunch of chicken, ham and salad with mini pavlovas and trifle for dessert.

Fashions on the Field followed the Great Race with the catwalk proving popular among the residents.



Melbourne Cup festivities at Bindaree saw glamorous residents enjoy beautiful food, cold champagne and chocolate dipped strawberries.

Bindaree's residents enjoyed a wonderful outing to the Boyne Island Community Hall.

The event, organised by the Boyne Island Lions Club, included a delicious morning tea, entertainment and card games.



Residents celebrated Lifestyle Assistant, Donna Davis's five-week secondment to Bowder with a beautiful high-tea in the court yard.

As is the norm at Bowder, there was plenty of chatter and laughter!

Bowder's fashionistas dominated Fashions of the Field on Melbourne Cup Day.

Hats, a high tea and plenty of social mingling were the highlights before residents watched the big race.

Each table was decorated with a horse on a plinth and a trophy... the perfect décor for the Melbourne Cup.



CARE CENTRES

James Grimes

The residents and team at James Grimes were honoured to support the Day for Daniel by wearing red on 27 October.

Day for Daniel is the Daniel Morcombe Foundation's biggest fundraiser each year. Funds raised help the foundation to continue developing free resources and programs for parents, carers, and educators to teach children how to stay safe. Money raised also contributes to supporting young victims of crime.

How did you celebrate the Melbourne Cup?

Residents at James Grimes celebrated with a scrumptious high tea and a fashion parade before joining Sundale team members, volunteers and family members to watch the big race.

Residents and team members at James Grimes commemorated the end of the WWI with a moving service and the reading of poems, scripture and speeches.

The moving Remembrance Day service honoured those who have died, suffered and sacrificed so much.

Lest we Forget.



CARE CENTRES

Palmwoods Garden Village

October's birthday celebrations at Palmwoods were full of festivities including song, cake and balloons.

Palmwoods celebrated Oktoberfest by making table decorations, singing and dancing.

Thank you to John Maier for providing the entertainment.

The race that stops the nation halted Palmwoods, with residents gathering to celebrate the Melbourne Cup.

The festivities consisted of a delicious morning tea, a horse race involving the residents, a red-carpet fashion parade, nibbles and drinks.

A special thank you to Edith and Cheryl and the kitchen team for organising an unforgettable day.

Send in the (Coastal) Clowns... and that's exactly what happened at Palmwoods.

The morning of fun and laughter was a double celebration with residents also celebrating November birthdays with yummy cupcakes.



CARE CENTRES

Rod Voller

Hip, hip hooray and happy birthday to Lois Mayers who celebrated her 104th birthday in October.

Rod Voller residents and staff were invited to wear pink, Lois's favourite colour, and to also raise awareness of Breast Cancer Awareness Month.

Rod Voller residents had the opportunity to visit Maroochy RSL for morning tea ahead of Remembrance Day.

Congratulations to Joan Chapmen, Des Atkinson and Meg Top who won the 'horsing around' game held on Melbourne Cup morning.

Joan Chapman rode her luck by backing race winner 'Without a Fight' to also win the James Grimes chocolates.

Hot chocolate, amazing views and all-day desserts mean Rod Voller residents will definitely return to the Buderim Tavern!

Earlier this year, Rod Voller residents wrote letters to Year 3 students at Nambour Christian College.

In return, more than 70 students hand delivered letters and handmade giftpacks before performing a concert.

Rod Voller residents had the opportunity to boot scootin' boogie with the wonderful Lakeside Dancers.

The delightful students from St Joseph's Primary School Nambour recently performed a Christmas concert for Rod Voller's residents.

